

Willoughby Parks and Recreation

440-953-4200

Willoughbyohio.com

Register for programs ONLINE!

SPRING NATURE WALK

Audubon Society of Greater Cleveland's HACH-OTIS SANCTUARY

Located at the end of Skyline Dr. off River Rd. (SR 174) . ASGC's Hach-Otis Sanctuary is primarily a mixed beech-maple-oak upland forest. It has been protected for over sixty years by ASGC. The southern half was last timbered in 1880. There are some spectacular trees in this section of the Sanctuary.

We will walk two loop trails that total 1.25 miles. Along the way we will look for a variety of wildflowers and watch for migratory as well as resident birds. From several observation points, 150 to 160 feet above the river and valley floor, we may see our breeding population of Bank Swallows, Kingfishers and just maybe a Bald Eagle fishing the Chagrin River below us. Along the way we can discuss the geology and the history of the area.

Ages: 4+

Monday, May 15

Time: 10:00 am - 12:30 pm

Class Fee:\$9 / Resident Discount \$4 Per person

Location: Bus departs from the Euclid Ave Pool.

Instructor: John M. Lillich

Boxing Fundamental and Conditioning

This is literally the "learn how to box" class. If you are a first-timer, you will learn from the beginning – how to stand, how to hold your hands, how to throw a punch properly, and so on. If you're looking for more advanced boxing instruction, you're in luck – we teach that too! However little or extensive your boxing experience may be, this class will progress your skill level each week. Whether you are getting ready for the Golden Gloves or just want to improve your punching power for fitness boxing, fundamentals is the answer.

Ages: 10+

M/W/TH, May 15 - June 22

Time: 5:30 - 8:30 pm (class time 6:30pm to 7:30pm, there is an open gym before and after class for everyone)

Class Fee: \$130 / Resident Discount \$125

Location: Against the Ropes Gym, 35746 Lakeland

Instructor: Coach Ken Curtis Jr.

Open Gym

NIGHT OUT FOR MOM AND DAD! Open gym for kids at the Willoughby Senior Center with a Night out for Mom and Dad! Admission will include pizza, chips, and drink.

Ages: 7 - 14

Saturday, May 13

Time: 6:30 - 9:30 pm

Location: Willoughby Senior Center Gym

Class Fee: \$15 / Resident Discount \$10

Instructor: Sue Watkins

MAY THE FOURTH BE WITH YOU!

"FREE MOVIE"

Celebrate "STAR WARS DAY" with a showing of "ROUGE ONE" PG13. It's not required but if the force moves you feel free to dress for the event. Popcorn and Kool-aid will be served to all Jedi's.

Ages: 16 and under must be accompanied by an adult.

Thursday, May 4

Time: 6:30 - 8:30 pm

Class Fee: Free

Location: Willoughby Senior Center Gym

Movie Subject to change without notice

Help the needy in the Galaxy!

A non perishable food item is requested in lieu of admission for the Willoughby Food Bank.

Pound

Is a cardio and strength training group fitness class that uses lightly weighted drumsticks engineered specifically for exercising. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements.

Ages: 16+

Fridays, May 5 - 26

Time: 7:00 - 7:45 pm

Class Fee: \$34 / Resident Discount \$29

Location: Willoughby Senior Center #19

Instructor: Sarah Eiswerth



10 Reasons to register for the Willoughby Parks and Recreation Summer Camp!

1. Spend the day being active
2. Unplug from technology
3. Develop new skills
4. Grow more independent
5. Awesome field trips each week
6. Make new friends
7. Try new things
8. Build character
9. Great memories
10. But most of all HAVE FUN!

Day Camp - Optional "Camp Swim Better" available

Summer Day camp is better than ever! Children between the ages of 6-13 may participate. The weekly cost of the camp includes two camp shirts, one rash guard shirt, **ALL** Arts & Crafts, supplies, games, and field trips. All children are required to wear camp shirts/rash guard on designated days. Camp Hours are from 9:00 am – 3:00 pm. Locations include Ryan Park @ Ridge Acres, Daniels Park South and Daniels Park North. Registration Deadline is the Friday before the camp week begins unless we have reached our max of 65 campers.



"Camp Swim Better" is swim instruction for Willoughby Campers. Is your summer goal to pass the swim test? Or do you just want to learn more? Then "Camp Swim Better" is for you. Campers will be divided into groups according to their swimming abilities, and will be advanced fluidly, as they improve. Campers who sign up for this special program, will be bused to the pool and get a weekly 30 minute lesson prior to being joined by the rest of our campers on our Friday swim days.

Fridays, June 9 to August 4 (No Class 7/7)

Time: 11:30 am - 12:00 pm

Class Fee: \$33

Location: Sessions will be held at the Osborne and Euclid Ave Pools.

Here are some exciting trips that we have planned:

June 5-9	Wickliffe Lanes Bowling, Cleveland Zoo
June 12-16	Cedar Point
June 19-23	Regal Cinemas, Fun N Stuff
June 26-30	United Skates, Captains Game
July 3-7	(No 7/4) Inflatables
July 10-14	Wickliffe Lanes Bowling, Pioneer Waterland
July 17-21	United Skates, Skyzone
July 24-28	Waldameer Park
July 31-Aug. 4	Nickel Carnival
August 7-11	Swimming Daily

Early Bird Registration runs from March 20 through April 28. During this time, a resident registrant will receive \$5 off of the weekly price of \$95 (**Early Bird Price \$90**) There is an additional weekly \$8 Transportation Fee if you are using the bus service to or from camp.

Non-resident Early Bird Registration runs from April 17-28. During this time, a non-resident registrant will receive \$5 off of the weekly price of \$128 (**Early Bird Price \$123**) There is an additional weekly \$8 Transportation Fee if you are using the bus service to or from camp.

Before & After Care Before care will be a flat fee of \$10 per week, and After care will be a flat fee of \$18 per week. If you sign up for both Before and After care it will be \$25 per week. The sessions must be paid in full before the start of each week of camp. Before & After Care is from 6:30-9:00 am and/or 3:00-6:00 pm at the Willoughby Senior Center. Cost includes supervision and snacks/drinks.