

WILLOWICK



Fall & Winter 2017 Program Guide

Recreation Depart. at Manry Park • 440-516-3011

Willowick Senior Center • 440-585-5112

City of Willowick's Website: www.cityofwillowick.com

Follow us on



@WILLOWICKREC

COMMUNITY CENTER

321 E. 314th St.
Main Hall
with commercial kitchen
Capacity: 200

FACILITY RENTALS

DUDLEY FIELDHOUSE

31500 Willowick Drive
Main Hall w/standard kitchen
Capacity: 100

Dudley Outside Pavilion

with grills
Capacity: 50

MANRY ACTIVITIES CENTER

30100 Arnold Drive
Gymnasium
Manry Outside Pavilion
with grills, electric hook-up
& water
Capacity: 80

IMPORTANT INFORMATION

PROOF OF RESIDENCY IS A CURRENT UTILITY BILL WITH YOUR NAME AND ADDRESS ON IT. IN ORDER TO RECEIVE THE RESIDENT RATE FOR PROGRAMS AND RENTALS, PROOF OF RESIDENCY MUST BE PROVIDED. PARENTS, PLEASE NOTE THAT MINORS WITH A DIFFERENT LAST NAME MUST PROVIDE SCHOOL DOCUMENTATION OR BIRTH CERTIFICATES.

FORMS OF PAYMENT PAYMENTS ACCEPTED - CASH OR CHECKS ONLY.

UPCOMING COMMUNITY EVENTS

1st Annual BOB GOLIC RIB COOKOFF

August 11, 12, 13 at Dudley Park

Great vendors, great music, great food, great times!

Visit the event website for all the details

<http://bobgolicribburnoff.com>



Manry Park's 2nd Annual CLASSIC CAR SHOW

Sunday, August 27th • 1:00pm to 4:00pm

Space is limited to 70 cars • Register by
August 21st to receive a dash plaque.

Great Music - Great Food - 50/50 Raffle - Chinese Auction

Sponsored by the
Willowick Recreation Depart.
& Willowick Youth Leagues



WILLOWICK COMMUNITY ART SHOW



Saturday, September 2nd

11:00am to 3:00pm

Lakefront Park

30525 Lakeshore Blvd., Willowick

Local Artists Contact the
Recreation Depart. for Space Availability

* Free Admission to the Public *

5K RACE FOR AWARENESS

Sunday, October 8th

All proceeds go to
Lake Health Foundation
Breast Cancer Awareness

For registration information
contact Sarah Phillips
440-785-4917 or by email at
newdesignsalonspa@att.net



FALL HARVEST COLLECTIBLES / FLEA MARKET

Saturday, October 21st

9:00am to 2:00pm

Activities Center at Manry Park
30100 Arnold Drive, Willowick

Free Admission to the Public

Concessions will be open.



KEEPING FIT IN WILLOWICK

ZUMBA with RENA!

A.M. Class: Take time for yourself and come Zumba in the morning! Zumba is a fitness class that combines dance and fitness moves. Zumba is inspired by Latin and international beats. No dance experience needed. As long as you move, you can't make a mistake! Classes are held at the Dudley Fieldhouse Monday through Thursday from 9:30am to 10:30am and follow the W-E School District schedule. Classes begin September 5th and continue through May. \$35 monthly membership, \$45 /10 class punch card, \$5 drop-in fee. **For more info visit their website www.zumbawithrena.com or contact Rena at 440-477-1175 or email zumbawithrena@gmail.com.**

BODY SCULPTING

P.M. Class: This balanced fitness workout combines strength, flexibility and aerobic endurance without running, dancing, jumping or jazzing. Working with a set of weights the entire hour, you'll learn exercises from a certified personal trainer designed to firm your entire body without building muscular size or bulk. Prevents osteoporosis and boosts your metabolism helping you to lose weight, too! Accommodates beginner to advanced fitness levels (work at your own pace). Bring a 5-pound set of dumbbells and exercise mat or towel. Classes are ongoing and available Tuesday and Thursday evenings from 7:00pm to 8:00pm at the Willowick Community Center. Space is limited and reservations are required! **Call Body Sculpting by Exterior Designs, Inc. 440-729-3463 or visit their web-site at www.flexcity.com**



JAZZERCISE

P.M. Class: Fitness that's not intimidating, just invigorating! This 60 minute class pairs moderate aerobics with exercises that are designed to improve strength, balance and flexibility using easy-to-follow movements. Whether you're a beginner, newcomer, a senior, pregnant, significantly overweight or otherwise physically restricted, you can't go wrong with this popular light version of the original Jazzercise program. New students get 50% off an 8 week pass. Classes are ongoing and held Monday and Wednesday evenings at the Willowick Community Center from 7:00pm to 8:00pm. **For more information or to register for class, call Sun Ok Jackson at 216-261-6178 or e-mail her at sunokjazz@yahoo.com.**

SPECIAL NEEDS DANCE MOVEMENT

Dance Instructor Cheryl Laboda

Cheryl is the owner of Serendipity Dance. She is state tested to work with special needs individuals. Her experience includes over 30 years of work in the public schools with Special Education Departments, teaching various sports activities to special needs children, one on one and group gym therapy as well as parent/child preschool classes for special needs children. This class offered in the Activities Center at Manry Park is an adaptive movement class for children with special needs, ages 6-12 years old. Children will explore the basics of ballet and jazz technique, while being able to implement the skills they learn into basic combinations set to music. Siblings are also welcome to register for the class.

Session 1: Saturdays, Sept. 16th to Oct. 21st

Session 2: Saturdays, Nov. 4th to Dec. 16th (no class Nov. 25)

Class Time: 10:15-11:00am Session fee: \$72 per student / \$15 drop in fee

DOG TRAINING CLASSES - Provided By Abby Lane Dog Training Inc.

"where your dog becomes part of your family"

- Positive Reinforcement Methods
- Behavior Modification
- Basic & Advanced Training
- K9 Good Citizen Testing Available



Classes are ongoing and held on Thursday evenings at the Dudley Fieldhouse.

Check their web-site for class information www.abbylanedogtraining.com. For additional information call 440-759-5575 or email: abbylanedogtraining@gmail.com

It's Still Not Too Late... MANRY BRICK PAVERS

Great Gift Idea!!!

Be a Part of the History of Willowick! Brick Paver order forms are available at the Recreation Department located at Manry Park and are a wonderful way to mark your family history here in Willowick. The walkway is located in front of the Activities Center and includes commemorative brick pavers with the names inscribed of those who want to be a part of the "History of Willowick". Cost for an 8 x 8 paver is \$50. A brick paver can be inscribed with up to 15 characters. For more information please call the Recreation Department at 440-516-3011.

YOUTH PROGRAMS

YES, I CAN! KARATE - Instructor Sensei Samuel Nieves

His mission is to instruct students utilizing concepts of martial arts, providing a fun way for individuals to direct physical energy in a productive way. The training teaches students much needed self defense skills while combining life and coping skills by applying the basic principles of karate. Classes are held monthly at the Activities Center at Manry Park.



Fees: \$45 Resident Monthly Session • \$50 Non-Resident Monthly Session

Mondays beginning Sept. 11th - 3 to 12 year olds - 4:00pm - 5:00pm

Try the First Class FREE, Register Early! Max Enrollment: 25

START SMART SOCCER - Instructor Dani Moody

The Start Smart program instructs children ages 3-5 years old the basic skills necessary to play organized soccer while they work one-on-one and spend quality time with their parents. This 6-week program focuses on teaching children along with their parents kicking, dribbling, trapping, and throw in & running skills without the threat of competition. Each week will introduce more difficult exercises as the class progresses and the children show improvement!

Dates: Wednesdays, Sept. 20th - Oct. 25th Time: 10:30-11:30am or 6:00-7:00pm

Location: Activities Center at Manry Fee: \$45 Resident • \$55 Non-Resident

SATURDAY MORNING HOOPSTER

Instructor/Coach Sue Watkins, Academy Basketball

A fun introduction to the game of basketball utilizing entertaining games and fun drills for boys and girls **ages 4 - 7 years old**. Movement and balance are the focus of this five-week class while introducing the fundamentals of the game - dribbling, passing, & shooting. Academy Basketball classes are held in the Activities Center Gymnasium at Manry Park - they fill up quickly so reserve your spot today!

Dates: Saturday Mornings – Sept. 16th to Oct. 14th

Time: 10:30am – 11:15am

Fee: 5-week session: \$45 Resident • \$50 Non-Resident

HOOP IT UP! - Instructor/Coach Sue Watkins, Academy Basketball

Saturday Basketball Classes - For Boys and Girls Ages 8 - 13 years old

Whether your son or daughter is an experienced player looking for a great way to sharpen skills or they are just beginning, 'Hoop It Up' has a class for all levels! Join the fun!

Your child will receive fun and comprehensive instruction on the fundamentals of the game - ball handling, shooting, and footwork - in this five-week format that your child will thoroughly enjoy. Academy Basketball classes are held in the Activities Center Gymnasium at Manry Park - they fill up quickly so reserve your spot today!

Dates: Saturday mornings – Sept. 16th to Oct. 14th

Time: 11:30am – 12:30pm

Fee: 5-week session: \$50 Resident • \$55 Non-Resident

OPEN GYM – Fun for the Kids, A Night Out For Parents!

Instructor: Sue Watkins

Boys & Girls ages 7 to 13 years. in the Activities Center at Manry Park from 6:30pm to 9:30pm. Drop your sons and daughters at the gym on Saturday night. They will play with their friends all evening long – shoot around, participate in some fun full and half-court games and learn some good basketball drills to 'up' their games. Food provided!

Sept. 9th, Oct. 28th, Dec. 9th & Jan. 20th Fee: \$15 Per Night

CHILDREN'S DANCE - Instructor Tiffany Besselman

Session 1: Sept. 14th, 21st, 28th, Oct. 5th, 12th, 19th

Session 2: Nov. 2nd, 9th, 16th, 30th, Dec. 7th, 14th

Session 3: Jan. 11th, 18th, 25th, Feb. 1st, 8th, 15th

If you are unable to attend class due to any circumstance, you may make-up that missed class during another session.

Pre-K Dance (ages 2.5-4) Fee per session: R-\$48 NR-\$58 Drop-in: \$8/class

Basic movement skills taught in a positive, structured environment to help increase flexibility, balance, & coordination. Dance Slippers recommended. Class time 4:30-5:00pm,

Dance & Movement (ages 5-6) Fee per session: R-\$72 NR-\$82 Drop-in: \$12/class

Basic Dance & movement skills taught to develop both mental & muscle memory, flexibility, balance, & coordination. Tap shoes or Dance Slippers recommended. Class time 5:00-5:45pm

Dance & Tumble (ages 7-12) Fee per session: R-\$72 NR-\$82; Drop-in: \$12 per class

Basic dance & tumbling skills combined as routines choreographed to age appropriate songs. More advanced skills will be taught as students progress to help inspire beginners & keep the attention of more advanced students. Dance or Grip Socks recommended. **Class Time: 5:45-6:30pm**

FALL EVENTS / HALLOWEEN

SCARECROW CONTEST

Willowick residents can take part in creating their own scarecrow! All entries will be displayed at Manry Park. Scarecrows will be on display from October 2nd through November 1st. We ask any person or family to help decorate Manry Park by participating in this fun event. Residents are encouraged to take a walk through the park to see the scarecrows on display. Don't forget to stop in the Activities Center to cast your vote for your favorite scarecrow. Only one vote per resident.



CHILDREN'S HALLOWEEN PROGRAM

Saturday, Oct. 28th - 1:00pm to 3:00pm at Dudley Fieldhouse

Dress up the children in their Halloween costumes and stop by the Dudley Fieldhouse between 1:00 and 3:00pm for some kid friendly Halloween fun at our Children's Halloween Program!! All children must be accompanied by an adult.



TRICK-OR-TREAT - Halloween Night - 6:00pm to 8:00pm. Please be aware of the little ones crossing the streets. ***Please Drive Safely and Slow.***

HOLIDAY HAPPENINGS

HOLIDAY LUMINARY SAND a Willowick tradition, can be picked up at Manry Park after December 4th. Sand will be located by the storage building to the left, as you enter the park.

BREAKFAST WITH SANTA Sunday, December 17th 8:00am to 12:00pm

Enjoy breakfast with jolly old St. Nick at the Willowick Community Center from 8:00am-12:00pm. For more information contact the Recreation Department. Sponsored by Willowick Baseball.

"SANTA'S ON THE PHONE!" For Willowick children ages 3 to 8 years old. Imagine the excitement your little ones will have when they receive a personal phone call from "Santa Claus" on **Monday, Dec. 18th between the hours of 7:00pm and 8:00pm.** Forms can be picked up at the Recreation Department located in the Activities Center at Manry Park and will be available beginning Nov. 1st. Forms must be returned by Friday, December 15th.

HOLIDAY LIGHT FESTIVAL Light up Willowick for the Holidays by decorating the outside of your house and yard. Judging will take place on the evening of Thursday, December 14th beginning at 6:00pm. Applications are available at the Recreation Dept. located in the Activities Center at Manry Park. Deadline to register is 5:00pm on Wed. Dec. 13th.

SANTA'S FAMILY WORKSHOP - Saturday, December 16th - 12:00pm to 2:30pm

Stop by the Willowick Community Center between 12:00pm to 2:30pm for some festive holiday fun with the family. While enjoying the music and sounds of the holidays, you can create a holiday ornament, for yourself or that special someone. There will be yummy cookies to decorate, games, and other fun holiday crafts to make. Santa will also be there to visit with everyone, so stop in for some holiday family fun!

♥♥♥♥♥♥♥♥♥♥ VALENTINE DANCE ♥♥♥♥♥♥♥♥♥♥

Spend special time with your child **Sunday, February 11th** at our parent/child dances held at the Willowick Community Center.

Tickets go on sale at the Recreation Department beginning December 1st.

Tickets are \$20 per couple, per event and include DJ entertainment and light refreshments.

A professional photographer will be available to capture the moment for an additional cost.

♥ Mother / Son Dance	(Pre-K – 8 th grade)	2:00pm to 3:30pm
♥ Father / Daughter Dance	(Pre-K – 4 th grade)	4:00pm to 5:30pm
♥ Father / Daughter Dance	(5 th – 8 th grades)	6:00pm to 7:30pm

****Buy Tickets Early - Only a Limited Number of Tickets Will Be Available****

MARK THESE IMPORTANT DATES FOR 2018

- ▶ **Watch for Spring youth league sign-ups** in February and March for *soccer, *girls softball / fastpitch, *baseball / t-ball.
- ▶ **Breakfast with the Bunny** - Sunday, March 25th at the Willowick Community Center.
- ▶ **Easter Egg Hunt** - Saturday, March 31st at Manry. Call to register a space for your child.

WILLOWICK SENIOR CENTER

SENIOR CENTER NEWS

The Center is open Monday through Thursday from 8:00am to 4:00pm and Friday 9:00am to 12:00pm. We are located at 321 East 314th Street. Stop by to pick up a newsletter to see what's going on or check us out on the website at www.cityofwillowick.com and also on Facebook! If you are interested in joining the center, membership is just \$10 to join followed by the annual renewal fee of \$5 for residents and \$10 for non-residents. Call the Willowick Senior Center at 440-585-5112 for more information, details or pricing for any of the events listed below. You can also e-mail Kerri Davidson, Senior Center Coordinator at kdavidson@cityofwillowick.com or Valerie Savage, Senior Center Assistant, at vsavage@cityofwillowick.com.

We've got plenty to offer to keep you busy! We go on trips to casinos, mystery lunches, parks, museums and more! We offer yoga, balance, Zumba Gold, chair exercise, beginners and advanced line dancing, art, cards, Bingo, ping pong, movies, health screenings, speakers, Wii, beauty shop, music, fun, friendship and more! Don't forget our craft and ceramic classes do some wonderful work and sell items all year long. Need a baby blanket or a ceramic trinket? Come check us out! Or if you are looking for something specific, give us a call. We also offer rides to and from the center on Mondays and Wednesdays.

From time to time we have informational presentations or fun topics; here are a few that will be coming up. Please sign up if you are interested.

THIRD FEDERAL BANK - Tuesday Sept. 12th at 10:15am. How to identify theft and medical scams.

SUSAN CANNOVINO PRESENTS - Wednesday Sept. 13th at 12:00pm. Katherine Hepburn and Spencer Tracy. \$3.00 lunch is included.

GRACE HARMONY - Thursday Oct. 5th at 12:30pm. Come and enjoy this husband and wife Gospel singing duo. They travel all the way from Florida to share their voices with us.

LAKE COUNTY COUNCIL ON AGING - Tuesday Oct. 17th from 10:00am. Medicare open enrollment/benefits checkup. Call the center to sign-up for a one-on-one session. Bring your card and medications with you.

36th ANNUAL HOLIDAY BOUTIQUE - Saturday, Nov. 4th - 9:00am to 2:00pm. FREE admission! Come and enjoy some holiday shopping and fun! Choose from a variety of items from local vendors, homemade crafts, ceramics, baked goods, refreshments and many amazing Chinese raffle baskets. Bring the little ones or the whole family and have your picture taken with Santa. If you have crafty or holiday items to sell, rent an 8 foot table for just \$20. Call the center for an application.

THIRD FEDERAL BANK - Tuesday Nov. 14th at 10:15am. Planning for unexpected life events and preparing for disasters.

CHRISTMAS PARTY - Friday, Dec. 15th Details TBA.

Call the Willowick Senior Center at 440-585-5112 for more information. There are many trips, events and classes to choose from to enrich your life.



Hometown Heroes 2018 Banner Program

Please contact City Hall
for more information
440-585-3700 ext. 230



HOLIDAY CRAFT FAIR
Saturday, December 2nd
9:00am to 3:00pm
Activities Center at Manry Park
30100 Arnold Dr., Willowick
Vendors call 516-3011
for table availability.
*Free Admission to the Public
Concessions will be open*

ACTIVITIES CENTER at MANRY PARK

30100 Arnold Drive, Willowick • 440-516-3011

SENIOR GYM - September to May

(with a current Senior I.D. card)

A.M. WALKING PROGRAM

Monday - Friday 8:00am to 10:30am

** Please Note: Walking times may vary due to program scheduling and weather-related issues. When the Willoughby-Eastlake schools are closed due to inclement weather, the hours for walking at Manry will be 9:00am to 10:30am.**



PICKLEBALL - Indoor Courts at Manry

Requires Membership/Recreation I.D. Card: \$10.00 (Annual Renewal \$10.00)

Pickleball punch Card: \$20.00 (9 visits / 10th visit free) OR Drop-in visit: 5.00 (per visit)

Monday & Wednesday Advanced 12:00pm - 2:00pm

Tuesday & Thursday Beginners 12:00pm - 2:00pm

Friday All Levels 12:00pm - 2:00pm

OPEN GYM HOURS - September to May

(with a current Recreation I.D. card or paid admission)

ADULT OPEN GYM - September to May

Tuesday & Thursday (18 years +) 10:30am - 12:00pm

YOUTH OPEN GYM - September to May

Monday - Friday (gr. 9-12) 2:30pm - 3:45pm

Monday - Friday (gr. 1-8) 3:45pm - 5:00pm

Note: If school's NOT in session, see the following schedule for open gym:

Monday - Friday (gr. 1-5) 11:00am - 1:00pm

Monday - Friday (gr. 6-8) 1:00pm - 3:00pm

Monday - Friday (gr. 9-12) 3:00pm - 5:00pm

WILLOWICK YOUTH BASKETBALL LEAGUE SIGN-UPS

Sign-ups for the Recreation Department's Youth Basketball League are held at the Activities Center at Manry Park during the times and dates listed below:

Manry Hours: Monday through Friday 8:00am - 5:00pm Saturday 10:00am-1:00pm

Late registrations will not be accepted after the divisions last sign-up date listed.

<u>Division</u>	<u>Sign-up Dates</u>	<u>Fees: (R=res N=non-res)</u>	
Co-ed gr. 1-2	Sept. 11 to Oct. 14	R-\$45	N-\$55
Co-ed gr. 3-4	Sept. 11 to Oct. 14	R-\$50	N-\$60
Boys gr. 5-6	Sept. 11 to Oct. 21	R-\$50	N-\$60
Girls gr. 5-6	Sept. 11 to Dec. 9	R-\$50	N-\$60
**Boys gr. 7-8	Sept. 11 to Jan. 13	R-\$60	N-\$70



****Important note to 7th & 8th grade boys** - due to an OHSAA rule, only a limited number of middle school team players can participate in the Willowick City Recreation League. We will accept registrations from these players on a first-come, first-serve basis.

WILLOWICK'S ADULT FALL LEAGUES

Adult leagues ARE NOT an open gym format; you must call the Recreation Department to sign up for all Adult Leagues

FALL WOMENS SOFTBALL LEAGUE

Sunday Afternoon Sept. 10 - Nov. 5 1:00pm - 5:00pm

ADULT SAND VOLLEYBALL (Dudley Park)

Tuesday night Sept. 19 - Oct. 24 6:00pm - 9:00pm

ADULT PICKLEBALL LEAGUE

Friday Night Oct. 6 - Oct. 27 7:00pm - 8:30pm

MEN'S BASKETBALL LEAGUE

Sunday morning (over 30) Sept. 10 - Nov. 26 9:30am - 12:30pm

Monday night Sept. 11 - Nov. 27 7:30pm - 10:30pm

Thursday night Sept. 14 - Nov. 30 7:30pm - 10:30pm

CO-ED SOFTBALL LEAGUE

Sunday afternoon Sept. 17 - Nov. 5 1:00pm - 4:00pm