## Willoughby-Eastlake Schools... ARE YOU READY FOR SOME...



The Wellness Committee is proud to offer the Willoughby-Eastlake Schools Gym Reimbursement Program! If your goal is to get back in shape or if you have always been an avid fitness nut (or anything in between), you have the opportunity to get reimbursed for part or all of your monthly gym membership. Here are the details:

Who: To be eligible for a reimbursement, you must be a current Willoughby-Eastlake staff member and participate in an eligible healthy activity (see next paragraph).

What: Enroll in an area health club, gym, fitness classes (taught by a certified instructor) or online fitness program, of your choosing, and participate regularly. Staff members will submit this form, proof of payment and attendance. The requirement for reimbursement is to attend 40 times during the first semester and 40 times during the second semester (until April 30<sup>th</sup>), to be eligible for up to \$200\* (\$100 for August-December and \$100 for January-April). The amount reimbursed cannot exceed the monthly membership rate. If you have questions about eligibility for reimbursement, please contact the Wellness Committee at: wellness.committee@weschools.org.

When: August 1, 2023 through April 30, 2024

How: Turn in the form below, along with the supporting documentation, by May 10, 2024. <u>Documentation will only be submitted one time this school year.</u> If you participate in a fitness program during the second semester only, you can still submit for up to a \$100 reimbursement if you attend 40 times between January 1, 2024 and April 30, 2024. You will have to supply the district form (this form), proof of attendance (see above for requirements) and proof of payment for the gym or fitness class (there will be no retroactive reimbursements).

Why: The U.S. Surgeon General's Report on Physical Activity and Health states that regular physical activity can protect against diseases such as cancer, heart disease and high blood pressure as well as contribute to healthy bones, muscles, joints and improved mental health. But I am sure you already knew that! So let's get fit and save some cash!

\*Reimbursement amount of up to \$100 or \$200 could be reduced depending on staff participation level and cost of membership.

## Willoughby-Eastlake Schools Reimbursement Form

Please submit the following information, along with supporting documentation (payment information and attendance), by May 10, 2024.

## Employee Information

(Last Name)	(First Name)	(Middle Initial)		(Emp	loyee ID Number)	
		(	( )			
(Work Email Address)		(Home Telephone Number)				
	Activity/	Item for Reimbu	rsement			
Type of Activity	Program/Gym/R	Retailer Mo	nth Used	Fee Paid	# of Days	
<ul> <li>Documentation f</li> <li>incude additiona</li> <li>Documentation f</li> <li>2023 through A</li> <li>Send this form,</li> </ul>	Reimbursement Form rom the club, facility facitily fees) rom the club, facility oril 30, 2024. along with document 24. Please send all mation above and sul	y or program of mo y or program showing ation, to: Rachel Al documentation the comitted is correct	nthly or anr ng the <u>numb</u> ho, Royalvi rough courid	nual membershi ber of visits fr ew Elementary er. Please do of my knowled	om August 1,  /_ not email  lge. I am	

(Date)

(Signature)